

National Urban League and Walgreens Wellness Tour

The National Urban League and Walgreens have joined forces for their 3rd consecutive year to launch a national mobile health screening tour with the goal of promoting better health in urban communities across the country.

The National Urban League and Walgreens Wellness Tour, features a mobile health screening and education vehicle and provide free access to health screenings in urban communities across the country. The mobile health screening vehicle made a stop in Broward County to screen over 500 residents on January 23, 2010 thru January 31, 2010.

The health screenings provide adults with a critical foundation for early disease detection and prevention. Screenings available include:

- Total Cholesterol Levels
- Blood Pressure
- Bone Density
- Glucose Levels
- Waist Circumference
- Body Mass Index

CHANGING LIVES

An Urban League Success Story



Each year, the National Urban League and Walgreens Wellness Tour empowers individuals to take action regarding their health. Karen Williams* is a senior citizen and uninsured. She does not have a primary physician and therefore did not have access to adequate healthcare. Upon receiving her screening at the Walgreens Wellness Tour, Karen's blood pressure reading and bone density level alerted the onsite volunteers to send her to Plantation General Hospital for further testing. Her bone density reading was low enough to put her at high-risk for osteoporosis. Her blood pressure was alarmingly high, which could've led to heart disease or heart failure. The quick response of the Wellness coordinators allowed for Karen to receive the immediate attention she needed. The Urban League of Broward County is proud to support the National Urban League and Walgreens' dedication to expanding access to quality and affordable health services.

**To protect privacy, actual participant names have been changed.*